

# Year of Health

In 2019, Heriot-Watt University is celebrating and sharing all the amazing research taking place to improve our health and the health of the planet. From the homes we live in, to the health of the cells in our body, our chemists, biologists, mathematicians, computer scientists, physicists, social scientists and engineers are working together to make life better. For example, we are working on:

- designing eco-houses
- renewable energy research and design into wind, wave and sun
- building robotics for assisted living for the elderly
- making new and advanced medical equipment
- improving cancer treatments
- investigating how the brain works
- understanding and preventing diseases



## Heriot's Healthy Home Competition

To celebrate the Year of Health, we want you to design a healthy home, full of gadgets and tools to make your family healthier, and improve the health of the planet we live on.

Winners will receive a family ticket to a local science centre or zoo, plus a tour of the assisted living labs at Heriot-Watt.

Deadline: 19th January 2019

### The small print:

- Open to primary school age children in Scotland
- There will be winners in two age groups (7-9, 10-12)
- Must be hand drawn
- Email entries to [HWEngage@hw.ac.uk](mailto:HWEngage@hw.ac.uk) or post to HW Engage, Research and Enterprise Services, Scott Russell Building, Heriot-Watt University, Edinburgh, EH14 4AS. For more information, go to [www.hw.ac.uk/hhh](http://www.hw.ac.uk/hhh)

